



Anker & Marsh Newsletter

Spring Edition 2023

Firstly, a very Happy New Year to you all from all of us here at Anker and Marsh. May you all positively thrive through 2023 ...

2022 was very successful for Anker and Marsh with growth driven by working with many new clients and continuing to work with many old ones. That's personally and professionally satisfying.

BUT 2023 is going to be even more exciting as Jason is going to dedicate much of it to actively *celebrating* the 30th anniversary of his fall.

We'll be joining Jace with a variety of fundraising and celebratory events throughout the year – including a mass parachute jump of our families and staff! (Watch this space ...)

Our principle charity partner Mental Health England will be providing logistical support throughout the year and we're thrilled to take the chance to announce that new partnership here.



Throughout 2022 we continued with our critical thinking



Tim's new book 'Talking Health, Safety and Wellbeing' is currently running at a 5 Star rating on Amazon and sold several thousands of copies last year. Late in 2022 he finished work on three chapters on Wellbeing and BBS for the new (10th) edition of the classic text "Safety at Work" (which comes out in the summer).

Coaching, embedding the learning and getting feedback

Coaching has increased its visibility in our diaries recently, as we've been working with senior managers in a major transport organisation, using coaching psychology skills to facilitate discussions in both group and one to one coaching sessions.

Following our Human Error Reduction courses, we're always happy to hear that participants have enjoyed what they learnt. Far too often though, it is left to 'luck' to see if they actually apply the new knowledge they have. We know that embedding the learning from training can only come with effective follow up conversations.

The coaching we've been able to do has provided a space for managers to have these conversations, and to explore practical steps they can personally take, which are specific to their own role and organisation.

The outcome being, managers who know exactly what they need to, pro-actively, do in their team, to enhance their behaviour safety culture. They've moved from knowing what they need to have happen, to knowing how to make it happen.

In our work we spend a lot of time talking about things that go wrong so positive recognition for our passionate consultants and the training courses they run is always very encouraging.

"Great presentation of a well-constructed course which kept us all engaged throughout."

"The tutor was an excellent, relatable person and a perfect fit for the class. I appreciate my organisation for recognising and providing her talents and understanding of who we are as humans, in a way that overcomes barriers in communication. Thank you."

"I'm typically very nervous of group events and sessions like this, but the tutor was cleverly engaging and I was able to keep at ease and learn a lot, which is typically not the case for events like this because I am usually too stressed to interact and engage properly."

"Thank you for the opportunity for this training. It will prove very beneficial in my workplace, as in my personal life."



The very last job of the year – Tim recording a tailored film for our much-valued client Cory having spent most of the morning freezing on the side of the Thames waiting for barges, helicopters and planes to pass overhead.